

2019

## Test Questions for Licensed Professional Counselors

Test Questions

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## Test Questions for Licensed Professional Counselors

A score of 100% is needed on the following items. You need to submit this test along with the request for a certificate to receive CE Clock Hours. Once scored, you will receive a certificate verifying **2.5 Continuing Education Clock Hours**.

### **The Corrective Feedback Microlab: An Experiential Group Exercise to facilitate the Giving and Receiving of Corrective Feedback**

1. Corrective feedback in this paper is defined as...
  - A. Feedback intended to encourage thoughtful examination
  - B. Corrective feedback is meant to express the feedback giver's perception of the need for change on the part of the receiver.
  - C. Neither a nor b
  - D. Both a and b
2. The Corrective Feedback lab Microlab Identifies
  - A. Thoughts, feeling and behaviors
  - B. Cognition, behavior, and readiness
  - C. Unconscious feelings and thoughts
3. Feedback Microlab may inform clients of interactions that are important to the group process and that others may have...
  - A. Similar or different feelings associated with feedback exchange
  - B. Only similar feelings associated with feedback exchange
  - C. Only different feelings associated with feedback exchange
4. How many hours do Microlabs involve group exercises?
  - A. One
  - B. Two
  - C. Three
  - D. One to three

### **Flipped Classroom Methodology Applied to Counselor Development**

5. Flipped Classrooms is appropriate for
  - A. All courses
  - B. Only hybrid courses
  - C. Courses with heavy content

6. In the flipped classroom method a professor should
- A. Actively participate with the students
  - B. Should only be a participant observer
  - C. Leave the classroom and let students discuss freely and come back and check on their progress
7. The flipped classroom has emerged as an innovative method of teaching that emphasizes...
- A. That which is done in **class** is now done at **home**, and that which is traditionally done as homework is now completed in class
  - B. That which is done at **home** is now done at **class**, and that which is traditionally done as homework is now completed in class
  - C. That which is done in **class** is now done at **home**, and that which is traditionally done as class work is now completed at home

**A Silent Epidemic: Prevalence of Suicide Among Asian American Adolescence**

8. Depression can lead to a fear of what among Asian American adolescents?
- A. Fear of failure
  - B. Fear of suicide
  - C. Fear of bringing shame to the family
9. In what way do collectivistic views exacerbate depression among Asian Americans?
- A. Less likely to meditate
  - B. Less likely to use medication
  - C. Less likely to seek treatment
  - D. Both B and C
10. Why is the CAMS Model effective with Asian American populations?
- A. It helps detect depression
  - B. It helps distinguish depression from suppression of positive feelings
  - C. It helps identify level of acculturation

## Credit Verification Form for Licensed Professional Counselors

The Louisiana Counseling Association awards **2.5 Continuing Education Clock Hours** for reading the *Louisiana Journal of Counseling (LJC)* and correctly completing the Study Questions. To receive a certificate verifying your participation in this easy and inexpensive way to earn valuable CE Clock Hours, LCA members may complete the form below and mail it, along with **\$10 (non-LCA members, \$25)** and your completed test questions, to the following address:

**Diane Austin  
LCA Executive Director  
353 Leo Street  
Shreveport, LA 71105**

The Louisiana Counseling Association has been approved by NBCC as an Approved Continuing Education Provider, ACEP #2019. Programs that do not qualify for NBCC credit are clearly identified. LCA is solely responsible for all aspects of the program.

I verify that I have read the entire **FALL 2019** edition of the *Louisiana Journal of Counseling (LJC)* and am now applying for **2.5 clock hours** of continuing education credit in conjunction with correctly answering the Study Questions for this year's journal.

**Name** (PRINT – as you wish to have it appear on your certificate):

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**E-mail** \_\_\_\_\_

**Signature** \_\_\_\_\_

**Date** \_\_\_\_\_

\*Make checks payable to **LCA**

A Verification form with your clock hours will be mailed directly to the address provided on this form.

## GUIDELINES FOR AUTHORS

The *Louisiana Journal of Counseling (LJC)* publishes articles that have broad interest for a readership composed mostly of counselors and other mental health professionals who work in private practice, schools, colleges, community agencies, hospitals, and government. This journal is an appropriate outlet for articles that (a) critically integrate published research, (b) examine current professional and scientific issues, (c) report research that has particular relevance to professional counselor, (d) report new techniques or innovative programs and practices, and (e) examine LCA as an organization.

### MANUSCRIPT CATEGORIES

Manuscripts must be scholarly, based on existing literature, and include implications for practice. The following categories describe the nature of submitted manuscripts. However, manuscripts that do not fall into one of these categories may also be appropriate for publication. These categories were adapted from the American Counseling Association's *Journal of Counseling and Development (JCD)*.

1. **Conceptual pieces.** New theoretical perspectives may be presented concerning a particular counseling issue, or existing bodies of knowledge may be integrated in innovative ways.
2. **Research studies.** Both quantitative and qualitative studies are published in *LJC*. The review of the literature should provide the context and need for the study, followed by the purpose for the study and the research questions. The methodology should include a full description of the participants, variables, and instruments used to measure them, data analyses, and results. The discussion section includes conclusions and implications for future research and counseling practice.
3. **Practice articles.** Innovative counseling approaches, counseling programs, ethical issues, and training and supervision practices may be presented. Manuscripts must be grounded in counseling or educational theory and empirical knowledge.
4. **Assessment and Diagnosis.** Focus is given to broad assessment and diagnosis issues that impact counselors.

## MANUSCRIPT REQUIREMENTS

All manuscripts must adhere to the guidelines set forth in the *Publication Manual of the American Psychological Association (6<sup>th</sup> ed.)*. The *APA Publication Manual* sets forth all guidelines concerning manuscript format, abstract, citations and references, tables and figures, graphs, illustrations, and drawings. Special attention should be given to the guidelines regarding the use of nondiscriminatory language when referring to gender, sexual orientations, racial and ethnic identity, disabilities, and age. Also, the terms “counselor” and “counseling” are preferred to “therapist” and “therapy.”

1. Submit an emailed, electronic, blind copy in Word of the entire manuscript to Meredith Nelson, [mnelson@lsus.edu](mailto:mnelson@lsus.edu), Psychology Dept., One University Place, Shreveport, LA 71115 or three (3) clean, hard copies of the entire manuscript with an electronic version to Peter Emerson, *LJC* Editor, [pemerson@selu.edu](mailto:pemerson@selu.edu), SLU Box 10863, Hammond, LA, 70402.
2. Include a cover letter with your manuscript submission that contains your name and title, place of employment and position, address, telephone number, and e-mail address.
3. Manuscripts should not exceed 18 pages, including references.
4. Lengthy quotations (330-500 words) require written permission from the copyright holder for reproduction. Adaptation of tables and figures also requires reproduction approval. It is the author’s responsibility to secure this permission and present it to the *LJC* editor at the time of manuscript submission.
5. Once a manuscript has been accepted for publication, the author will be required to submit a final copy electronically.
6. The *LJC* is published annually in the Fall.
7. Material that has been published or is currently under consideration by another periodical should not be submitted.
8. Generally, authors can expect a publication decision within 3 months after the acknowledgment of receipt.
9. Manuscripts that do not conform to the *APA Publication Manual* guidelines will be returned without review.

## Louisiana Counseling Association Journal Evaluation

Please indicate the degree to which this Journal met your needs by circling the appropriate number. Please return this evaluation for to the LCA office.

Title of Journal: Fall 2019 LCA Journal

Did the articles meet your needs:

	Low/Not Met			High/Met		
1. Practical Suggestions	1	2	3	4	5	NA
2. Innovative material	1	2	3	4	5	NA
3. Well Organized Articles	1	2	3	4	5	NA
4. Quality of Bibliography	1	2	3	4	5	NA
5. Increased awareness of subject matter	1	2	3	4	5	NA
6. If illustrations, charts, maps are used, are these relevant, clear, and professional looking	1	2	3	4	5	NA
7. Overall, the Journal was beneficial to me	1	2	3	4	5	NA

Comments:

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