

2021

## (2021) Test Questions for Licensed Professional Counselors

Test Questions

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## **Test Questions for Licensed Professional Counselors**

A score of 100% is needed on the following items. You need to submit this test along with the request for a certificate to receive CE Clock Hours. Once scored, you will receive a certificate verifying **2.5 Continuing Education Clock Hours**.

### **Incorporating the Reproductive Story Intervention for Men Having Experienced Pregnancy Loss**

1. What percentage of all clinically recognized pregnancies end in miscarriage?
  - A. 25%
  - B. 15%
  - C. 10%
  - D. 5%
2. Who has a reproductive story?
  - A. Parents
  - B. Those who experienced a pregnancy loss
  - C. Everyone
  - D. Children
3. The reproductive story can help men with pregnancy loss by
  - A. Focusing on their role as a partner and helping them shoulder the grief of their partner associated with the pregnancy loss
  - B. Focusing on them as an individual and creating a space for them to explore their grief associated with the pregnancy loss
  - C. Focusing on them as a couple and exploring how the pregnancy loss has affected their relationship
  - D. Focusing on their detachment from their partner and loss of independence.

### **Addressing Climate Trauma among Adolescents: Process-Oriented Group Therapy as a Way Forward**

4. Group therapy is an indicated treatment for working with the mental health implications of climate change because it provides which of the following:
  - A. Creates feelings of distress and anxiety
  - B. Provides clear answers on how to solve the climate crisis
  - C. Works to make the climate change threat feel less abstract and more embodied and phenomenological
  - D. All of the Above

5. Why is it important to address climate trauma among adolescents?
  - A. The desperate need to develop humanity's capacity to meaningfully and honestly engage with the reality of climate change
  - B. The disproportionate impacts of climate trauma on this population
  - C. The role this generation will play in managing climate change impacts in the future
  - D. All of the above
  
6. In addition to alignment with Yalom's therapeutic factors, process-oriented group therapy can benefit adolescents coping with climate trauma due to:
  - A. The group's emphasis on the here-and-now approach
  - B. The group's ability to get others to take part in pro-environmental efforts
  - C. The opportunity for group facilitators to ameliorate participants' guilt around climate change
  - D. None of the above.

### **History of School Counseling in Louisiana**

7. The first known career day was held at:
  - A. Alcée Fortier High School
  - B. Hahnville High School
  - C. Istrouma High School
  - D. Ponchatoula High School
  
8. The founder of Louisiana's vocational guidance movement was:
  - A. Emma Pritchard Cooley
  - B. Frank Parsons
  - C. Joseph Gwinn
  - D. Meyer Bloomfield

### **Challenges to Interdisciplinary Behavioral Health Training During a Pandemic: A Qualitative Self-Review**

9. Which of the following terms describes the theoretical best model of service delivery?
  - A. Intradisciplinary
  - B. Crossdisciplinary
  - C. Interdisciplinary
  - D. Transdisciplinary
  
10. Which of the following is viewed as a challenge to telehealth services?
  - A. HIPPA and FERPA considerations
  - B. Increased access to supervisors.
  - C. Services can be offered outside of the traditional business hours
  - D. Transportation to and from the service appointment

## Credit Verification Form for Licensed Professional Counselors

The Louisiana Counseling Association awards **2.5 Continuing Education Clock Hours** for reading the *Louisiana Journal of Counseling (LJC)* and correctly completing the Study Questions. To receive a certificate verifying your participation in this easy and inexpensive way to earn valuable CE Clock Hours, LCA members may complete the form below and mail it, along with **\$10 (non-LCA members, \$25)** and your completed test questions, to the following address:

**Diane Austin  
LCA Executive Director  
353 Leo Street  
Shreveport, LA 71105**

The Louisiana Counseling Association has been approved by NBCC as an Approved Continuing Education Provider, ACEP #2019. Programs that do not qualify for NBCC credit are clearly identified. LCA is solely responsible for all aspects of the program.

I verify that I have read the entire **Winter 2020-21** edition of the *Louisiana Journal of Counseling (LJC)* and am now applying for **2.5 clock hours** of continuing education credit in conjunction with correctly answering the Study Questions for this year's journal.

**Name** (PRINT – as you wish to have it appear on your certificate):

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**Signature** \_\_\_\_\_

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A Verification form with your clock hours will be mailed directly to the address provided on this form.

## GUIDELINES FOR AUTHORS

The *Louisiana Journal of Counseling (LJC)* publishes articles that have broad interest for a readership composed mostly of counselors and other mental health professionals who work in private practice, schools, colleges, community agencies, hospitals, and government. This journal is an appropriate outlet for articles that (a) critically integrate published research, (b) examine current professional and scientific issues, (c) report research that has particular relevance to professional counselor, (d) report new techniques or innovative programs and practices, and (e) examine LCA as an organization. Articles should be scholarly; be based on existing literature; and include implications for practice. Manuscripts should fall into one of the following categories, although other kinds of submissions may be appropriate.

## MANUSCRIPT CATEGORIES

The following categories describe the nature of submitted manuscripts. These categories were adapted from the American Counseling Association's *Journal of Counseling and Development (JCD)*.

1. **Conceptual/ Theory.** New theoretical perspectives may be presented concerning a particular counseling issue, or existing bodies of knowledge may be integrated in innovative ways. All theoretical pieces must include implications for counseling practice, and when appropriate, implications for public policy related to the counseling profession.
2. **Research studies.** Both quantitative and qualitative studies are published in *LJC*. The review of the literature should provide the context and need for the study, followed by the purpose for the study and the research questions. The methodology should include a full description of the participants, variables, and instruments used to measure them, data analyses, and results. Authors are expected to discuss the clinical significance of the results.
3. **Practice articles.** Innovative counseling approaches, counseling programs, ethical issues, and training and supervision practices may be presented. Manuscripts must be grounded in counseling or educational theory and empirical knowledge.
4. **Assessment and Diagnosis.** Focus is given to broad assessment and diagnosis issues that impact counselors.

## MANUSCRIPT REQUIREMENTS

All manuscripts must adhere to the guidelines set forth in the *Publication Manual of the American Psychological Association (7<sup>th</sup> ed.)*. The APA *Publication Manual* sets forth all guidelines concerning manuscript format, abstract, citations and references, tables and figures, graphs, illustrations, and drawings. (*following JCD guidelines*)

**Title Page:** The first page of the manuscript should be masked and only contain the title of the manuscript.\*

\*Note. Prepare a separate, supplemental file labeled “Title Page” and email in addition to the blinded manuscript. This title page document should contain the article title, the names and affiliations of all coauthors, author notes or acknowledgements, and complete contact information of the corresponding author who will review page proofs (including complete mailing address and email) in the following format:

Author(s) Name only (i.e., no degrees or position titles listed), Department Name, University Name, at City (if applicable). Author Name is now at Department Name, University Name, at City (if changed from above listing). Correspondence concerning this article should be addressed to Author Name, full mailing address (including street or PO Box), City, State (using postal abbreviation), zip code (email: [name@name.edu](mailto:name@name.edu)).

**Abstract:** The abstract should express the central idea of the manuscript in nontechnical language. It should be on page 2 and is limited to 150 words.

**Keywords:** Keywords should follow the abstract on page 2 and should include 5 words.

**Tables and Figures:** No more than 3 tables and 2 figures with each manuscript will be accepted. Please be sure to indicate the table or figure callouts within the manuscripts. However, do not embed tables or figures within the body of the manuscript. Each table or figure should be placed on a separate page following the reference list. Figure captions are to be on an attached page, as required by APA style. Figures (graphs, illustrations, line drawings) must be supplied in electronic format with a minimum resolution of 600 dots per inch (dpi) up to 1200 dpi. Halftone line screens should be a minimum of 300 dpi. JPEG or PDF files are preferred. (See APA *Publication Manual*, pp. 195–224, for more detailed information on table preparation and pp. 225–250 for further details on figure preparation.)

**References:** References should follow the style detailed in the APA *Publication Manual*. Check all references for complete-ness, including the year, volume number, and pages for journal citations. Make sure that all references mentioned in the text are listed in the reference section and vice versa and that the spelling of author names and years is consistent.

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#### Page Limitations

Research section submissions must not exceed 25 pages, including references. For submissions to the Practice, Theory, or Assessment & Diagnosis sections, manuscripts must not exceed 15 pages, including references. Manuscript titles are limited to 80 characters. Any submissions that do not adhere to length limitations will be returned without review.

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Authors submitting manuscripts to the journal should not simultaneously submit them to another journal, nor should manuscripts have been published elsewhere in substantially similar form or with substantially similar content.

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2. Include a cover letter with your manuscript submission that contains the corresponding author's name, title, place of employment, position, physical address, telephone number, and e-mail address.

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Once a manuscript is received by [lcajournal@lsuhsc.edu](mailto:lcajournal@lsuhsc.edu), the corresponding author will receive an email response from [lcajournal@lsuhsc.edu](mailto:lcajournal@lsuhsc.edu) that the manuscript was received and will be sent out for a minimum of two editorial blind peer review by members of the editorial review board of the *Louisiana Journal of Counseling (LJC)*. Editorial board members will have the option to accept or decline review. If the editorial board member declines, another board member will be selected and sent the blind manuscript for review. If the editorial board member accepts, the board member will have 30 days from receipt of blind manuscript to return the Editorial Feedback Form and any comments of the manuscript to [lcajournal@lsuhsc.edu](mailto:lcajournal@lsuhsc.edu).

The reviewer will recommend that the manuscript is 1) approved, 2) approved with minor revisions, 3) approved with major revisions, or 4) denied. Once all feedback forms are returned to [lcajournal@lsuhsc.edu](mailto:lcajournal@lsuhsc.edu), [lcajournal@lsuhsc.edu](mailto:lcajournal@lsuhsc.edu) will notify the corresponding author of the manuscript status. Generally, authors may expect a publication decision within 3 months after the initial acknowledgement of receipt of the manuscript.

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For accepted articles with minor or major revisions, the corresponding author will receive information for submitting a revised copy of their manuscript that should incorporate the provided feedback from the editorial board. The corresponding should submit then follow the manuscript submission guidelines so that the revised manuscript will be reviewed in a second round.

For denied articles, the co-editors will provide feedback from the editorial board regarding the decision. The *LJC* has traditionally been published annually in the fall.



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Please indicate the degree to which this Journal met your needs by circling the appropriate number. Please return this evaluation for to the LCA office.

Title of Journal: Winter 2020-21 LCA Journal

Did the articles meet your needs:

	Low/Not Met			High/Met		
1. Practical Suggestions	1	2	3	4	5	NA
2. Innovative material	1	2	3	4	5	NA
3. Well Organized Articles	1	2	3	4	5	NA
4. Quality of Bibliography	1	2	3	4	5	NA
5. Increased awareness of subject matter	1	2	3	4	5	NA
6. If illustrations, charts, maps are used, are these relevant, clear, and professional looking	1	2	3	4	5	NA
7. Overall, the Journal was beneficial to me	1	2	3	4	5	NA

Comments:

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